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Section Name	#	Requirement	Y/N	Inspector Comments
Definition	1.0.1	Long distance races, well offshore, where rescue may be delayed		
		The Minimum Equipment Requirements establish uniform minimum equipment and training		
		standards for a variety of boats racing in differing conditions. These regulations do not		
		replace, but rather supplement, the requirements of the US Coast Guard, the Racing Rules of		
Overall	1.1	Sailing (RRS), the rules of Class Associations and all applicable rating rules.		
		The safety of a boat and her crew is the sole and inescapable responsibility of the "person in		
		charge", as per RRS 46, who shall ensure that the boat is seaworthy and manned by an		
		experienced crew with sufficient ability and experience to face bad weather. S/he shall be		
		satisfied as to the soundness of hull, spars, rigging, sails and all gear. S/he shall ensure that		
		all safety equipment is at all times properly maintained and safely stowed and that the crew		
Overall: Responsibility	1.2	knows where it is kept and how it is to be used.		
		A boat can be inspected at any time by an inspector or measurer of the Organizing Authority.		
		Specific to 2020 SHTP; Each Boat is required to be inspected by June 10, 2020. Each vessel		
		is subject to a final inspection within 36 hours of the start date and time. If she does not		
		comply with these regulations her entry may be rejected, or will be liable to disqualification,		
Overall: Inspections	1.3	or such other penalty as may be prescribed by the race protest committee. SSS Change		
		All equipment required shall function properly, be regularly checked, cleaned and serviced,		
		and be of a type, size and capacity suitable for the intended use and size of the boat and the		
		size of the crew, who will have practiced with the use of equipment. This equipment shall be		
Overall: Equipment and		readily accessible while underway and, when not in use, stored in such a way that		
Knowledge	1.4	deterioration is minimized.		
		A boat's heavy items such as batteries, stoves, toolboxes, anchors, chain and internal ballast		
Overall: Secure Storage	1.5	shall be secured.		
		A boat shall be strongly built, watertight and, particularly with regard to hulls, decks and		
		cabin trunks, capable of withstanding solid water and knockdowns. A boat shall be properly		
		rigged and ballasted, be fully seaworthy and shall meet the standards set forth herein. A		
Overall: Strength of Build	1.6	boat's shrouds and at least one forestay shall remain attached at all times.		
		A boat's hull, including, deck, coach roof, windows, hatches and all other parts, shall form an		
		integral watertight unit and any openings in it shall be capable of being immediately secured		
Overall: Watertight Integrity	1.7	to maintain this integrity.		
Hull and Structure: Hull		A boat's companionway(s) shall be capable of being blocked off to main deck level. The		
Openings	2.1	method of blocking should be solid watertight and rigidly secured, if not permanent.		
		A boat's hatch boards, whether or not in position in the hatchway, shall be secured to the		
		boat (e.g. by a lanyard) for the duration of the race to prevent their being lost overboard. All		
		Companionway boards (washboards/dropboards) shall be capable of being secured in		
Hull and Structure: Hull		position with the hatch open or shut. Hatches shall be able to be secured in position by the		
Openings	2.1.1	crew whether inside the yacht or on deck. SSS Change		

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Hull and Structure: Hull		Storm coverings for all windows more that 2 square feet in area, unless all the windows are	
Openings	2.1.2	constructed of a material at least as strong as the surrounding superstructure. SSS Change	
		A boat's entire cockpit shall be solid, watertight, strongly fastened and/or sealed.	
Hull and Structure: Cockpit	2.1.3	Weather-tight seat hatches are acceptable only if capable of being secured when closed.	
		A boat's cockpit drains shall be capable of draining six inches of water in 5 minutes. One	
		square inch (645mm2) of effective drain per eight square feet (0.743 m ²) of cockpit sole will	
Hull and Structure: Cockpit	2.1.4	meet this requirement.	
		A boat's through-hull openings below the waterline shall be equipped with sea cocks or	
		valves, except for integral deck scuppers, speed transducers, depth finder transducers and the	
		like; however a means of closing such openings shall be provided. Soft Wooden "bung"	
Hull and Structure: Through		plugs of appropriate size for each thru-hull opening shall be stowed within easy reach of	
Hulls	2.1.6	each opening and secured in such that they won't be dislodged from this area. SSS Change	
		A boat with moveable or variable ballast (water or canting keel) shall comply with the	
Hull and Structure: Stability	2.2.3	requirements of Appendix B. SSS Change	
		If yachts are fitted with fresh water or fuel tanks to port or starboard, such tanks will be	
		considered part of the transferable ballast system and must be completely full or empty	
Hull and Structure: Stability	2.2.4	during any inclining test .APPENDIX B (g) SSS Change	
Hull and Structure:			
Accommodations	2.3.1	A boat shall be equipped with a head or a fitted bucket.	
Hull and Structure:		A boat shall have bunks sufficient to accommodate the off-watch crew. Bunks Shall be	
Accommodations	2.3.2	suitable for use in an active seaway and permit a prone sleeping position. SSS Change	
Hull and Structure:			
Accommodations	2.3.3		
W II 10:			
	224		
	2.3.4	and secured at the time of final inspection. SSS Change	
	225	A heat shall have adagnate hand helds helevy dealer	
Accommodations	2.3.3		
Hull and Structure: Lifelines	2.4.1		
Truit and Structure. Lifetimes	2.4.1		
Hull and Structure: Lifelines	242		
Truit and Structure. Literifles	2.4.2	1 &	+ +
Hull and Structure: Lifelines	243		
Truit and Structure. Effernies	2.4.3		
		requirements. HMPE Lifetines should be carefully inspected at least twice per year. MSS	
		requirements. HMPE Lifelines should be carefully inspected at least twice per year. SSS Change, US Sailing & NCORC do not allow HMPE. If you are changing lifelines be	
Accommodations Hull and Structure: Accommodations Hull and Structure: Accommodations Hull and Structure: Lifelines Hull and Structure: Lifelines Hull and Structure: Lifelines	2.3.3 2.3.4 2.3.5 2.4.1 2.4.2 2.4.3	A boat shall have a stove with a fuel shutoff. A boat shall carry water containers, securely installed, capable of holding a total of at least the amount of freshwater cited in #3.37, in two or more separate containers. No more than half the water supply shall be carried in any one container. Containers to be filled, stowed and secured at the time of final inspection. SSS Change A boat shall have adequate hand-holds below decks. A boat's deck including the headstay shall be surrounded by a suitably strong enclosure, typically consisting of lifelines and pulpits, meeting the requirements in 2.4.2 to 2.4.8. A boat's stanchion and pulpit bases shall be within the working deck. Stanchions used with HMPE shall have rounded openings to reduce chafe. Bow pulpits may be open, but the opening between the vertical portion of stanchion pulpit and any part of the boat shall not exceed 14.2" (360mm). Lifelines may be either uncoated stainless steel wire or high molecular weight polyethylene (HMPE) line with spliced terminations or terminals specifically intended for the purpose. A multipart-lashing segment not to exceed 4" per end termination for the purpose of attaching lifelines to pulpits is allowed. Lifelines shall be taut (see appendix for requirements). When HMPE is used, the load-bearing portion (core) shall meet or exceed minimum diameter	

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		. The maximum spacing between lifeline supports (e.g. stanchions and pulpits) shall be 87"	ı	
Hull and Structure: Lifelines	2.4.5	(2.2m). (SSS change to comply with 2020 US Sailing 2/15/20)		
Hull and Structure. Lifetilles	2.4.3	Boats under 30 feet (9.14m) shall have at least one lifeline with 18" (457mm) minimum		
		height above deck, and a maximum vertical gap of 18" (457mm). Taller heights will require		
Hull and Structure: Lifelines	2.4.6			
Hull and Structure: Lifetines	2.4.0	a second lifeline. The minimum diameter shall be 1/8" (3mm).		
		Boats 30 feet and over (9.14m) shall have at least two lifelines with 24" (762mm) minimum		
11 H 10 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	2.4.7	height above deck, and a maximum vertical gap of 15" (381mm). The minimum diameter		
Hull and Structure: Lifelines	2.4.7	will be 5/32" (4mm) for boats to 43' (13.1m) and 3/16" (5mm) for boats over 43' (13.1m).		
		Toe rails shall be fitted around the foredeck from the base of the mast with a minimum		
** " 10. ** ***	2.40	height of 3/4" (18mm). An additional installed lifeline that is 1-2" (25-51mm) above the deck		
Hull and Structure: Lifelines	2.4.8	will satisfy this requirement for boats without toe rails. SSS Change		
Hull and Structure: Lifelines	2.4.9	Multihulls: See Appendix A. SSS Change		
		A boat shall have a permanently installed manual bilge pump of at least a 10 gallons per		
		minute (GPM) (37.8 liters per minute) capacity and which is operable from on deck with the		
		cabin closed with the discharge not dependent on an open hatch. Unless permanently		
		attached to the pump, the bilge pump handle shall be securely attached to the boat in its		
		vicinity via a lanyard or catch. A bilge pump discharge shall not be connected to a cockpit		
Hull and Structure:		drain. The bilge pump shall not discharge into a cockpit unless that cockpit opens aft to the		
Dewatering pumps	2.5.1	sea. (SSS change 2/15/20)		
		A boat shall have a second manual or electric bilge pump of at least 10 GPM capacity,		
Hull and Structure:		operable from below deck. Portable pumps must have sufficient hose to discharge water		
Dewatering pumps	2.5.2	directly from the cabin to the exterior of the yacht. SSS Change		
		Each crewmember shall have a life jacket that provides at least 33.7lbs (150N) of buoyancy,		
		intended to be worn over the shoulders (no belt pack), meeting either U.S. Coast Guard or		
		ISO specifications. Life jackets shall be equipped with crotch or leg straps, a whistle, a		
		waterproof light, be fitted with marine-grade retro-reflective material, and be clearly marked		
		with the boat's or wearer's name, and be compatible with the wearer's safety harness. If the		
		life jacket is inflatable, it shall be regularly checked for air retention Alternatively, each		
		crewmember shall have a U.S. Coast Guard approved Type I life jacket equipped with crotch		
		or leg straps, a whistle, a waterproof light, retro-reflective material, marked with the boat or		
		owner's name, which is compatible with a safety harness. If the life jacket includes a safety		
		harness integral to its design, it may be used to satisfy the safety harness component of 3.1.4	l <u>.</u>	
Safety Equipment: Personal	3.1.1	SSS Change		
		Each crewmember shall have a safety harness and compatible safety tether not more than 7		
		feet (2.13m) long with a minimum tensile strength of 4500 lb. (20kN). The tether shall have	l <u>.</u>	
Safety Equipment: Personal	3.1.4	a snap hook at its far end and a means to quickly disconnect the tether at the chest end.		<u> </u>
		A boat shall carry jacklines with a breaking strength of at least 4500 lb. (20kN) which allow		
		the crew to reach all points on deck, connected to similarly strong attachment points, in place		
Safety Equipment: Deck		while racing. Jacklines shall stop short of the transom a distance at least equal to the	l <u>.</u>	
Safety	3.2.1	length of the safety harness tether. SSS Change		1
Safety Equipment: Deck		A boat shall have adequate clipping points or jacklines that allow the crew to clip on before		
Safety	3.2.2	coming on deck and unclip after going below.		
Safety Equipment: Deck		Multihulls must have jacklines or attachment points that are accessible when the vessel is		
Safety	3.2.3	inverted. SSS Change		

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		A boat racing between sunset and sunrise shall carry navigation lights that meet U. S. Coast	
		Guard requirements mounted so that they will not be obscured by the sails nor be located	
Safety Equipment:	221	below deck level. A masthead mounted tricolor is recommended and will meet this	
Navigation Lights	3.3.1	requirement. SSS Change	
		A boat shall have one or more batteries with a total capacity of at least 120 amp-hours, and a	
		means of charging the battery(s) at sea at a rate that will allow the running lights to be used	
Safety Equipment; Battery		during the period of darkness each day. Multiple batteries in separate banks are	
Capacity	3.3.2	recommended. SSS Change	
Safety Equipment; Energy		An energy Budget that details all the storage, sources and uses of electricity while underway.	
Budget	3.3.3	Energy Budget shall be submitted at the time of inspection SSS Change	
		A boat shall carry fire extinguisher(s) that meets U.S. Coast Guard requirements, when	
		applicable. Enough fire extinguishers located so as to have at least one available in the event	
		of a galley or kitchen fire from any position on the boat are required. A fire blanket is	
Safety Equipment: Fire		recommended. If high capacity lithium ion batteries are installed (house bank) a class D fire	
Extinguishers	3.4	extinguisher is recommended. SSS Change	
Safety Equipment: Sound	3.4	A boat shall carry a sound-making device that meets U.S. Coast Guard requirements, when	
Producing Equipment	3.5	applicable.	
- 1 1	3.3		
Safety Equipment: Visual	261	A boat shall carry 2 SOLAS orange smoke flares not older than the expiration date. <i>NOTE:</i>	
Distress Signals	3.6.1	Expiration date shall not be earlier than Ju;y 19, 2020 for 2020 SHTP. SSS Change	
		A boat shall carry the following SOLAS day/nht fs not ohan the expiration date. NOTE:	
		Expiration date shall not be earlier than Ju;y 19, 2020 for 2020 SHTP.	
		[i] Four SOLAS red parachute flares	
		[ii] Four SOLAS handheld red flares	
Safety Equipment: Visual			
Distress Signals	3.6.2	SSS Change	
Safety Equipment: Visual		Flares stored inside of life rafts may not be used to satisfy the flare requirement. SSS	
Distress Signals	3.6.5	Change	
Safety Equipment: Man			
Overboard	3.7.1	Remove Lifesling Requirement for Single Handed TransPacific Race SSS Change	
Safety Equipment: Man		Remove Man Overboard Pole / Module for Single Handed TransPacific Race SSS	
Overboard	3.7.2	Change	
Safety Equipment: Man	3.7.2	A boat shall have a throwing sock-type heaving line of 50' (15m) or greater of floating	
Overboard	3.7.3		
	3.7.3	polypropylene line readily accessible to the cockpit. A boat shall carry a Coast Guard approved Type IV "throwable device". If the device carried	
Safety Equipment: Man	274		
Overboard	3.7.4	under 3.7.1 or 3.7.2 satisfies this requirement, then no additional device is needed.	
		Equipment to communicate the yachts position to the Race Committee at least once per day	
		by means to be designated in the Communications Plan. This will likely include at least one	
Safety Equipment:		of the following: Satellite Phone, Satellite Text Messaging [SMS], email, or SSB via a	
Communications	3.8	designated communications vessel. SSS Change	
		A boat shall have a permanently installed 25-watt VHF radio connected to a masthead	
		antenna by a co-axial feeder cable with no more than a 40% power loss. All radios shall have	
		DSC capability, have an antenna of at least 15" (381mm) in length, be connected to or have	
Safety Equipment:			
Emergency Communications	3.8.1	the VHF.	
J 1 1		A boat shall have a permanently installed 25-watt VHF radio connected to a masthead antenna by a co-axial feeder cable with no more than a 40% power loss. All radios shall have DSC capability, have an antenna of at least 15" (381mm) in length, be connected to or have an internal GPS, and have the assigned MMSI number (unique to the boat) programmed into	

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		A boat shall have a watertight handheld VHF radio or a handheld VHF radio with	
Safety Equipment:		waterproof cover. This radio shall have DSC/GPS capability with an assigned MMSI	
Emergency Communications	3.8.2	programmed into it.	
Safety Equipment:		A boat shall have an emergency VHF antenna with sufficient coax to reach the deck, and	
Emergency Communications	3.8.3	have a minimum antenna length of 10" (381mm).	

		A boat shall have an AIS Reciever, sharing a masthead VHF antenna via a low loss AIS	
		Slitter. An acceptable alternative is a dedicated AIS antenna mounted with its base at least 6'	
		above the waterline, and fed with coax that has a maximum power loss of 40%. AIS receiver	
		shall have a data display that indicates, at minimum, range and bearing to an approaching	
Safety Equipment:		target. Though not required, an AIS class B transponder capable of transmitting the yachts	
Emergency Communications	3.9	position, course & speed to other AIS equipped vessels is recommended. SSS Change	
		A boat shall carry a cellular phone in a waterproof container. Batteries should be	
		sufficiently changed, or have the means aboard to be recharged, to operate on arrival in	
		Hawaiian waters. The intent is to ensure the yacht has an alternate means of communication	
Safety Equipment:		with the race committee when approaching the finish if VHF communications are impaired.	
Emergency Communications	3.10	SSS Change	
Safety Equipment:		A boat shall carry two GPS receivers, one of which must be operable independently of the	
Emergency Communications	3.14	yacht's primary electrical system. SSS Change	
		It is recommended that a boat carry an electronic means to record the position of a man	
Safety Equipment:		overboard within ten seconds. This may be the same instrument listed in 3.14. <i>Note:</i>	
Emergency Communications	3.15	Recommendation status is specific for Single Handed TransPacific Race only. SSS Change	
		A boat shall carry a 406MHz EPIRB that is properly registered to the boat. This device <i>shall</i>	
		have an internal GPS (for self-location) The MMSI number for this device shall be supplied	
Safety Equipment:		to the Race Committee. A Personal locator beacon [PLB] may also be carried and is	
Emergency Communications	3.16.1	recommended, but does not satisfy this requirement SSS Change	
Safety Equipment:			
Navigation	3.17	A boat shall have a knotmeter. SSS Change	
Safety Equipment:		A boat shall have a permanently installed depth sounder that can measure to depths of at	
Navigation	3.18	least 200 ft. (61m).	
Safety Equipment:		A boat shall have a permanently mounted magnetic compass independent of the boat's	
Navigation	3.19.1	electrical system suitable for steering at sea with deviation card. SSS Change	
Safety Equipment:		A boat shall have a second magnetic compass suitable for steering at sea which may be	
Navigation	3.19.2	handheld.	
Safety Equipment:		A boat shall have non-electronic charts that are appropriate for the race area, <i>including</i>	
Navigation	3.20	NOAA Chart Numbers 530, 18022, 19004, & 19385. SSS Change	Chart numbers specific for SHTP
Gear: Sail Repair	3.22	A Sail Repair kit shall be carried. SSS Change	
		A boat shall carry one anchor, meeting the anchor manufacturer's recommendations based on	
		the yacht's size, with suitable rode which is at least 150 feet in length which includes at least	Rode and chain requirements specific for
Gear: Anchoring	3.23	one-half of the boats overall length of galvanized anchor chain. SSS Change	SHTP

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		A boat shall carry a watertight, high-powered searchlight, suitable for searching for a person	
Coor Lights	3.24.1		
Gear: Lights	3.24.1	overboard at night or for collision avoidance, with a spare battery.	
G Tite	2242	A boat shall carry a watertight flashlight for each crewmember with spare batteries in	
Gear: Lights	3.24.2	addition to the searchlight in 3.24.1.	
		A boat shall carry at least two watertight flashlights with spare batteries in addition to the	
Gear: Lights	3.24.3	requirement of 3.24.1.	
		A boat shall carry a first aid kit and first aid manual suitable for the likely conditions of the	
		passage and the number of crew aboard. For races exceeding 1 week in duration it is	
		recommended that the boat carry a course of general purpose antibiotics for fighting	
Gear: Medical Kits	3.25	infections and internal ailments. SSS Change	
		A boat shall carry an 11.5" (292mm) diameter or greater octahedral radar reflector or one of	
		equivalent performance. Note that small cylindrical units do not typically exhibit equivalent	
		performance This radar reflector shall be mounted a minimum of 13 feet above the	
Gear: Radar Reflectors	3.26	waterline while racing. SSS Change	
		A boat shall carry two sturdy buckets of at least two gallons (8 liters) capacity with lanyards	
Gear: Dewatering	3.27	attached.	
		A boat shall post a durable, waterproof diagram or chart locating the principal items of safety	
Gear: Safety Diagram	3.28	equipment and through hulls in the main accommodation area where it can be easily seen.	
Gear: Emergency Steering	3.29.1	A boat shall have an emergency tiller, capable of being fitted to the rudder stock.	
		A boat shall have an alternative method of steering the yacht in any sea condition in the	
		event of rudder failure. The skipper shall have practiced one method of steering the boat	
		with the rudder disabled and be prepared to demonstrate said method of steering both	
		upwind and downwind. The Race Committee may require a demonstration. It is	
		recommended that a cassette plus rudder be employed as they have been found to be the	
Gear: Emergency Steering	3.29.2	easiest system to install in a seaway. SSS Change	
3 , 3		A boat shall carry tools and spare parts, including an effective means to quickly disconnect	
Gear: Spare Parts	3.30	or sever the standing rigging from the hull.	
1		All lifesaving equipment shall bear retro-reflective material and be marked with the yacht's	
		or wearer's name. The exception is for new equipment or rented equipment (e.g. life rafts)	
		that would require the unpacking of sealed equipment in order to meet this requirement. The	
Gear: Identification	3.31	boat name shall be stenciled on during the first servicing of any new equipment.	
		A boat shall carry a strong, sharp knife, sheathed and securely restrained which is readily	
Gear: Cockpit Knife	3.32	accessible from the deck and/or cockpit.	
r		A boat shall have mainsail reefing capable of reducing the luff length by at least 40% OR	
		carry a trysail, with the boat's sail number displayed on both sides, which can be set	
		independently of the main boom, has an area less than 17.5% of E x P, and which is capable	
		of being attached to the mast. Storm sails manufactured after 01/01/2014 shall be constructed	
Sails: Mainsail Reefing	3.33.1	from a highly visible material. SSS Change	
		A boat shall carry a heavy-weather jib (or heavy-weather sail in a yacht with no forestay) of	
		area not greater than 13.5% height of the foretriangle squared. <i>Alternatively, A storm jib as</i>	
Sails: Headsails	3.33.3	described in 3.33.4 will meet this requirement. SSS Change	
Carro. Houdound	3.33.3	If the rig is such that a headsails is commonly used, A boat shall carry a storm jib not	
Sails: Headsails	3.33.4	exceeding 5% of the yacht's I dimension squared, and equipped with an alternative means of	
Suits. Heudsuits	3.33.4	exceeding 570 of the yaent's rannension squared, and equipped with an alternative means of	

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		attachment to the headstay in the event of a failure of the head foil. Storm sails manufactured	
		after 01/01/2014 shall be constructed from a highly visible material. Alternatively, A heavy-	
		weather jib as described in 3.33.3 will meet this requirement. SSS Change	
		A boat shall not be rigged with any halyard that requires a person to go aloft in order to	
		lower a sail and a boat shall have no less than 2 halyards capable of hoisting sails and it is	
Rigging: Halyards	3.35	recommended that halyards be capable of reaching the water. SSS Change	
3		A boat over 30' LOA shall have a means to prevent the boom from dropping if support from	
Rigging: Boom Support	3.36	the mainsail or halyard fails.	
		A boat shall carry 21 gallons of fresh water for each crew member at the start of the	
Supplies: Water	3.37	race. SSS Change	
		A boat shall carry adequate food, energy bars, and snacks to maintain crew stamina for 30	
Supplies: Rations	3.38	days. SSS Change	
		A boat shall carry adequate inflatable life raft(s) designed for saving life at sea with designed	
		capacity for containing the entire crew. The raft shall be SOLAS, ISAF, ISO 9650-1 or	
		ORC approved. The raft shall be stored in such a way that it is capable of being launched	
		within 15 seconds. The life raft(s) shall hold current certificate(s) of inspection that <i>do not</i>	
		exceed the end date of the race.	
		A kit containing the following items shall be contained within the rafts packaging or	
		attached securely to the raft in a waterproof container:	
		[i] Two SOLAS orange smoke flares	
		[ii] Four SOLAS red parachute flares	
		[iii] Four SOLAS handheld red flares	
		[iv] Bailer	
		[v] Knife [vi] flashlight	
		[vi] Jiasniigni [vii] Water and emergency food for 4 days	
		Raft inspection certificate, Flares, water and emergency food expiration dates shall not be	
		earlier than July 19, 2020 for the 2020 SHTP.	
		eartier than July 19, 2020 for the 2020 SHIF.	
Gear: Life Rafts	3.39	SSS Change	
		A boat shall have a grab bag with a lanyard and clip for each life raft. The grab bag shall	
		have inherent flotation and be of a bright fluorescent color containing at least an EPIRB, and	
		a watertight handheld VHF radio. The VHF radio and EPIRB need not be in addition to the	
		prior requirements. An EPIRB in a sealed bag may be attached to this bag with a	
Gear: Life Rafts	3.40	lanyard. SSS Change	
		For single handed races it is recommended that the boat's skipper practice man-overboard	
		procedures appropriate for the boat's size and speed. The practice would consist of	
		approaching and stopping near a position on the water, and practising a method of hoisting	
		a person in the water on deck, or other consistent means of boarding another person	
		The intent is that the skipper may be the closest available aid to a fellow competitor and	
Skills: Man Overboard	4.2	skippers should be aware of how to effect rescue SSS Change	single handed races only
		Singlehanded Skippers shall be aware of techniques and equipment for re-boarding the	
Skills: Man Overboard	4.2.1	vessel without external assistance. SSS Change	

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		Each skipper and crew shall have attended a one-day, or two-day US Sailing Safety at Sea	
		Seminar within the last 5 years, or other courses as accepted by US Sailing for offshore or	
Skills: Safety at Sea Training	4.3.1	near coastal races. SSS Change	

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Adapted from SSS Offshore Rule Set, & US Sailing Safety At Sea Requirements (US Ocean Rev. 2020)

Appendix A. Multihull Requirements

Section Name	#	Requirement	Y/N	Inspector Comments
MULTI HULL		Multihulled boats shall have the ability to float indefinitely in an inverted position, with		-
ELIGIBILITY	5.1	essentially watertight enclosed accommodations and self-bailing cockpits.		
		Muljtihull boats shall have a combined length and beam of at least 40 feet, with a minimum		
Dimensions	5.2	beam of one half the length.		
		Multihull boats shall have a watertight bulkhead within 15% of the boat's overall length from		
Watertight Bulkhead	5.3	the bow of each hull and abaft the forward limit of the waterline.		
		Multihull boats shall have a safety harness point that is accessible in the event the boat is		
Safety Harness Anchorage	5.4	capsized.		
		Multihull boats shall have an access hatch to the living quarters in the event the boat is		
Access Hatch	5.5	capsized.		
Sheet Leads	5.6	Sheets shall lead to quick release cleats or self-tailing winches.		
Backstay	5.7	No permanent backstay shall interfere with the boom's ability to jibe.		
Safety Netting	5.8	Adequate safety netting shall be install over open spaces between crossbeams.		
		A survival suit or full body wet gear shall be onboard for each crew member. Crew		
Survival Suit	5.9	members shall practice donning this gear.		
		A single point attachment for safety harness and tethers will be considered by the Race		
		Committee as an alternative to lifelines and jacklines. The skipper must obtain written		
Single Point Attachment	5.10	permission from the Race Committee to utilize this alternative.	1	
Drogue	5.11	Multihull boats must carry a drogue capable of reducing boat speed.		

Appendix B. Transferable Ballast

In addition to those exceptions noted in the Notice of Race, the following exceptions to RRS are allowed:

- (a) Boats may be fitted with transferable water ballast [this modifies RRS 51]. Such transferable water ballast shall have a density no greater than sea water. No form of solid or granular transferable internal ballast may be used. No ballast may be carried above the level of the working deck with the vessel in normal laden trim.
 - (i) All tanks for transferable ballast shall be inside the hull(s) and below decks.
 - (ii) Competitors shall be able to demonstrate an efficient and safe manual method of discharging, transferring, or taking on liquid ballast with the vessel at up to 50 degrees angle of heel port or starboard of the normal laden trim.
 - (iii) Competitors shall be able to demonstrate that, with all such ballast transferred to its maximum possible extent, the static angle of heel of the vessel will not exceed 10 degrees port or starboard of the normal laden trim.
 - (iv) If vessels are fitted with fresh water or fuel tanks to port or starboard, such tanks will be considered part of the transferable ballast system and must be completely full and empty on the appropriate sides during any inclining test.
- (b) Owners intending to use other forms of transferable ballast not covered by these rules must clear this use in writing with the Race Committee.
- [c] Transferable ballast systems must be declared on the yachts NORCAL PHRF certificate and accounted for in it's rating. SSS Change

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Adapted from SSS Offshore Rule Set, & US Sailing Safety At Sea Requirements (US Ocean Rev. 2020)

END.